

## **[The 30th KIX Senshu International Marathon COVID-19 Control Precautions]**

1. In order to ensure the safety and security of everyone involved in the race, this race will be held in accordance with the national and Osaka Prefecture race restriction policies, and the Japan Sports Association's "Infection Spread for the Resumption of Sporting Events." In accordance with the Japan Association of Athletics Federation's "Guidance for Holding Road Races", we will consider the infection status of the COVID-19.  
We will hold the race after close consideration and taking measures to prevent it. These precautions are intended for runners, escort runners, volunteers, race officials and people participating in the event. In order to participate in the competition, you must agree to the following.
2. If you do not comply and cooperate with the measures against infectious diseases in this race, we may refuse your right to participate.
3. Runners and escort runners (hereinafter referred to as "participating runners") are recommended to undergo a PCR test, etc. just before the race. It is recommended that people involved in the race other than the participating runners also undergo a PCR test in advance.
4. Those who can be vaccinated against the COVID-19 should, in principle, complete their third or more vaccinations by two weeks before the race.
5. About physical condition, participating runners will be managed by a system such as a health monitoring app designated by the organizer, and will be confirmed on the day of the race. Also, visitors to the venue other than participating runners will be checked for their physical condition using a health monitoring app, etc. designated by the organizer or a health monitoring check sheet designated by the organizer. In addition, please download and register with COVID-19 Contact-Confirming App (COCOA) provided by the Ministry of Health, Labor and Welfare and register with the Osaka Corona Tracking System.
6. It is necessary to record your physical condition and body temperature for the week prior to the race on the health monitoring app or health monitoring check sheet specified by the organizer.
7. If any of the following apply, you will not be able to start the race.
  - i. If a positive result is confirmed in a PCR test, etc. for three weeks prior to the race.
  - ii. When health observation is required as a close contact at or before 3 weeks prior to the race, and the health observation period has not ended by 3 days before the race.
  - iii. Has traveled to a country or region where immigration restrictions or health

observations are required by the government, or has been in close contact with visitors or residents of such countries, and has not completed the health observation period 3 days before the race.

- iv. If you have a fever of 37.5°C or higher, a cough, a sore throat, or other signs of illness within one week of the race (except when the cause is clearly not the COVID-19).
- v. When there is a suspected infection in a family member living together on the day of the race
- vi. If the organizer confirms that participating runner has a fever of 37.5°C or higher at the venue of the race.
- vii. If you do not respond to confirmation and submission of the health monitoring app, etc. or the health monitoring check sheet.

※If the runner falls under any of the above (i) to (vii) and is unable to participate in the race, the organizer will determine the refund amount of the entry fee.

- 8. If you are infected with the COVID-19 up to two weeks before the race, please contact the KIX Senshu International Marathon Office. In doing so, please cooperate with surveys conducted by public health centers, etc.
- 9. For runners, etc., please check and comply with the following precautions.
  - i. A changing space will be provided for participating runners, but please keep the changing time as short as possible to avoid the three Cs. Warm-up exercises such as stretching in the space are prohibited.
  - ii. At the competition, please wear a mask except when running. Also, when lining up at the start line, please keep a 1m distance between runners and refrain from talking.
  - iii. Do not spit or spit on the course while running, and avoid contact and conversation between runners.
  - iv. There is no obligation to wear a mask while running, but please carry the mask you use when lining up at the start. Please wear it in the restrooms, first-aid stations, and accommodation buses on the course. Also, please thoroughly disinfect your hands before and after using the restroom.
  - v. At the water station, each runner will take a paper cup and rehydrate. We recommend that you bring your own portable food such as energy jelly.
- 10. Personal information in systems such as health monitoring apps and check sheets used in this race will be handled in accordance with the KIX Senshu Tourism Bureau's personal information protection policy, and will be managed in accordance with measures to prevent the spread of infectious diseases. May be provided to public health centers, medical institutions, etc.